

A FAMILY RESOURCE FACILITATOR:

- Is trained to guide, support, and help families advocate for themselves.
- Is familiar with local support groups and resources for youth and their families.
- Has firsthand experience living with a child or loved one who has mental health and/or other complex needs.
- Is committed to **ALWAYS** placing the child and family at the heart of all services.
- Is trained to facilitate **Wraparound*** to fidelity as defined by the Utah State Division of Substance Abuse and Mental Health (DSAMH).



The **Utah Family Coalition** consists of three family organizations that focus on children's mental health issues.

They are:



NEW FRONTIERS FOR FAMILIES
EMPOWERING FAMILIES TO SUCCEED
P.O. Box 207, Tropic, UT 84776
1-866-897-7322

nami Utah
National Alliance on Mental Illness

Our mission is to assist families and youth in accessing appropriate community based services and supports and to develop an educated and authentic family and youth voice for advocacy and systems change.



UTAH FAMILY COALITION

FAMILY RESOURCE FACILITATOR

Sonja Mitchell, FRF

Central Utah Counseling
255 South Main Street
Richfield, UT 84701
(435) 896-8236 ext. 123

sonjam@cucc.us

**A FAMILY RESOURCE
FACILITATOR HELPS
FAMILIES BY:**

1. Providing services and support at no cost.
2. Supplying information about community resources and local support groups.
3. Working in partnership with local mental health centers.
4. Acting as a family advocate/adviser with local agencies.
5. Providing Family **Wraparound*** Facilitation to help the child and family live independent and productive lives.



**A FAMILY RESOURCE
FACILITATOR HELPS AGENCIES
BY:**

1. Supporting the family in areas outside the realm of agency involvement.
2. Assisting families to follow agency recommendations and referrals.
3. Bringing the family voice & perspective to help improve outcomes for families.
4. Helping agencies form partnerships to improve services to families.
5. Helping families transition out of services by providing wraparound services at no charge to agencies or families.



WRAPAROUND*

Wraparound is a planning process that helps children and their families function more effectively. This process results in a unique set of community services and supports that are individualized for a child their family.

The people offering these services and supports are chosen by the child and family and are identified as the **Wraparound Team**.

The Wraparound Team meets with the family to develop a plan which builds on the family's strengths and helps them achieve their desired outcomes.



**For more information about
the Family Resource
Facilitator Project and
Wraparound:**

www.dsamh.utah.gov